



# Emerson Hospital

Center for Sports Rehab and Specialty Services

## Bowel Pelvic Health Questionnaire

Some people leak from their bowels some of the time. We are trying to find out how many people leak, and how much this bothers them. We would be grateful if you could answer the following questions, thinking about how you have been, on average, over the PAST FOUR WEEKS.

Are you:

Male \_\_\_\_\_ Female \_\_\_\_\_

How often do you leak?

- Never (0)
- About once a week or less often (1)
- Two or three times a week (2)
- About once a day(3)
- Several times a day(4)
- All the time(5)

We would like to know how much you think leaks.

How much do you usually leak (whether you wear protection or not)?

- None (0)
- A small amount (2)
- A moderate amount (4)
- A large amount (6)

Overall, how much does leaking interfere with your everyday life?

Please ring a number between 0 (not at all) and 10 (a great deal)

**0**   1   2   3   4   5   6   7   8   9   **10**  
 Not at all a great deal

ICIQ score: sum scores \_\_\_\_\_

Thank you very much for answering these questions.