

## Emerson Hospital Frenulum Clinic: Comforting Your Baby During the Procedure

The care and comfort of you and your baby are very important to us. You know your baby better than anyone else so let us know what you need to help in the care of your baby while you are here.

When you and your baby arrive at the Clough Birthing Center, you will be warmly received by our volunteer who will direct you to the frenulum clinic. There you will meet our frenulum clinic staff who is trained in this special procedure. The pediatrician will then meet with you to talk and examine your baby, evaluating with you the need for the frenulum procedure and answering any questions you may have. If the pediatrician feels that your baby may be a candidate for the procedure, the nurses will ask you to undress your baby for an accurate weight on our baby scale, measure his/her oxygen saturation, breathing and heart rate. Dressing your baby in comfortable, easy to dress/ undress clothing will minimize stress for your baby during this time. You can wrap and hold your baby again as soon as the weighing is done. You and the pediatrician will have ample time to discuss the procedure before making a decision.

Your baby will lie on a little, warmed infant bed for the procedure. Feel free to bring with you a comfort item from home if you would like. You may stay with your baby at all times. Some parents choose to stand at the side of the infant bed. Other parents choose to sit in a chair close by. Some parents step outside the room during the procedure. There is no right or wrong way. Please choose what feels best for you.

Your baby will not feel pain as a local, topical numbing gel will be placed under the tongue before the procedure. Your baby will also be soothed with a small amount of sugar water before and after the procedure. Together, these measures work well to prevent pain and discomfort during this momentary releasing of the tissue under the tongue. Positioning your baby's head correctly during the procedure is very important and your baby may loudly object to this restriction of movement. Remember, he/she will not be in pain.

As soon as the procedure is completed, you may hold and comfort your baby. You may feed your baby right away in a private area provided with comfortable chairs and assistance from our lactation consultant. The doctor will check in with you before you leave. After the procedure, your baby may resume a normal schedule immediately after the procedure. You will be given the pediatrician's contact information should questions arise.



Frenulum Clinic, (978) 287-3003

[www.emersonhospital.org](http://www.emersonhospital.org)