

## Organization Information

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**Organization Name:** Emerson Hospital  
**Address:** 133 ORNAC  
**City, State, Zip:** Concord, Massachusetts 01742  
**Website:** www.emersonhospital.org  
**Contact Name:** Kelsey Magnuson  
**Contact Title:** Community Benefits Coordinator  
**Contact Department (Optional):** Not Specified  
**Phone:** (978) 287-1193  
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**E-Mail:** kmagnuson@emersonhosp.org  
**Contact Address:** 310 Baker Avenue  
(Optional, if different from above)  
**City, State, Zip:** Concord, Massachusetts 01742  
(Optional, if different from above)

**Organization Type:** Hospital  
**For-Profit Status:** Not-For-Profit  
**Health System:** Not Specified  
**Community Health Network Area (CHNA):** Fitchburg/Gardner Community Health Network(CHNA 9), Greater Woburn/Concord/Littleton Community Health Network(CHNA 15),  
**Regions Served:** Acton, Ayer, Bedford, Berlin, Bolton, Boxborough, Carlisle, Chelmsford, Concord, Groton, Harvard, Hudson, Lincoln, Littleton, Maynard, Pepperell, Stow, Sudbury, Wayland, Westford,

## Mission and Key Planning / Assessment Documents

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### Community Benefits Mission Statement:

Emerson Hospital is committed to collaborating with our community partners to: improve the health status of all those it serves, address root causes of health disparities; and educate the community in prevention and self-care strategies.

### Target Populations:

Name of Target Population	Basis for Selection
At-Risk Adolescents	Youth Risk Behavior Survey: Bullying/depression Poor grades Unstable home lives Alcohol and drug abuse
Elderly	Isolation issues Difficulty with finding transportation Depression Financial instability
Mental Health and Domestic Violence	Social stigmas Lack of outreach efforts Lack of available services Financial instability
Low Income Residents	Lack of basic health care and preventative measures Acute and chronic illnesses Lack of financial literacy

Unstable housing Unstable transportation
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**Publication of Target Populations:**

Marketing Collateral, Annual Report, Website

**Community Health Needs Assessment:****Date Last Assessment Completed:**

September 2018

**Data Sources:**

Community Health Network Area, Hospital, Interviews, Other, Public Health Personnel, Surveys, CDC  
 Mass Cancer Registry  
 Healthy People 2020  
 MassChip  
 Robert Wood Johnson Foundation

**CHNA Document:**[2018-COMMUNITY-HEALTH-NEEDS-ASSESSMENT.PDF](#)**Implementation Strategy:****Implementation Strategy Document:**[UPDATED IMPLIMENTATION PLAN 2019.DOCX](#)**Key Accomplishments of Reporting Year:**

Hired full time community benefits coordinator to focus on all AGO requirements and strengthen community partnerships  
 Published 2018 Youth Risk Behavior Survey (YRBS) results  
 Engaged Superintendents from YRBS schools to collaborate on communication and addressing key issues  
 Formed partnership with CrossTown Connect to increase transportation options in our area  
 Planning to partner with Domestic Violence Service Network on education to key staff  
 Install and maintain 16 sunscreen dispensers in partnership with IMPACT Melanoma and Bright Guard, LLC.  
 Hosted Family Health and Wellness Expo  
 Participated in West Suburban Mental Health Collaborative with 5 local high schools and community agencies.

**Plans for Next Reporting Year:**

Continue relationships with transportation providers and communities to increase transportation options.  
 Engage with school representatives and implement YRBS.  
 Continue melanoma reduction efforts in partnership with IMPACT Melanoma.  
 Partner with Domestic Violence Service Network to provide training to hospital and community staff.  
 Continue participation in West Suburban Mental Health Collaborative.

**Self-Assessment Form:**[Hospital Self-Assessment Update Form - Years 2 and 3](#)**Community Benefits Programs****Addressing at-risk youth****Program Type** Total Population or Community-Wide Interventions**Program is part of a grant or funding provided to an outside organization** Yes**Program Description** Various programs and education aiming to reduce at-risk youth by addressing mental health, substance use and promoting healthy behaviors.**Program Hashtags** Community Education, Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Promote educational information on the dangers of vaping and product details.	Completed; informational handouts were given to Primary Care offices for physicians and patients. Staff participated in many meetings to understand dangers and products to share through social media and to schools.	Outcome Goal	Year 1 of 3
Support events at NARA Park for youth to have a safe place to hang out in the town of Acton.	Complete; over 30,000 people visit NARA park throughout the summer season to experience events and enjoy nature.	Outcome Goal	Year 1 of 1
Support early childhood development to reduce risky behaviors later in life.	Completed; Emerson supported the Infant Toddler Child's Center to fulfil their mission of offering a positive learning environment that focuses on the whole child through an emergent curriculum based on the dynamic interests of the children and their families.	Outcome Goal	Year 1 of 1
Provide support to Bedford Education Fund in their mission to promote classroom innovation and empower teachers and students to meet the growing challenges of the 21st century. Through direct grants to individual classroom teachers and school administrators, and by collaborating with other established school organizations, the BEF is dedicated to enhancing classroom curricular creativity and innovation in the Bedford Public Schools. The BEF provides a unique and effective vehicle for the community at large to utilize its fiscal and intellectual capital to ensure that creativity and innovation are staples students' experience in the Bedford Public Schools.	Completed; funding was able to support social-emotional learning and therefore improve the overall mental health of students.	Outcome Goal	Year 1 of 1
Support the Boys and Girls Club of Assabet Valley in achieving their mission to promote the growth of young people in our community by empowering them to become productive, caring, responsible citizens.	Completed; as a result of funding the Boys and Girls Club was able to continue providing program for youth and reduce risky behaviors.	Outcome Goal	Year 1 of 1
Improve sleep habits among youth through support of Sleep in Heavenly Peace. The mission of sleep in Heavenly Peace is to ensure that no child sleeps on the floor, that every child has a bed of their own. The raw data estimates that 2-3% of households in the United States have children sleeping on the floor. That equals 70,000-100,000 households in Massachusetts.	Completed; Sleep in Heavenly Peace is able to support families by giving them beds for their children. Sleep in Heavenly peace can measure the success of our project by providing beds in a timely fashion. They achieve this by keeping a constant inventory of beds, mattresses, pillows, sheets and blankets in stock. To date, they have kept the delivery time down to less than a week.	Outcome Goal	Year 1 of 1
Provide support to the Concord Education Fund in their mission to support teachers who are eager to offer students an extraordinary educational experience.	Completed; Emerson provided financial support to the Concord Education Fund to fulfil their mission and improve the student experience helping overall physical and mental health.	Outcome Goal	Year 1 of 1

**EOHHS Focus Issues** Mental Illness and Mental Health,

**DoN Health Priorities** Built Environment, Education, Social Environment,

**Health Issues** Health Behaviors/Mental Health-Depression, Health Behaviors/Mental Health-Mental Health, Health Behaviors/Mental Health-Physical Activity, Social Determinants of Health-Environmental Quality, Social Determinants of Health-Income and Poverty,

**Target Populations**

- **Regions Served:** Acton, Ayer, Bedford, Berlin, Billerica, Bolton, Boxborough, Carlisle, Chelmsford, Dunstable, Groton, Harvard, Leominster, Lincoln, Littleton, Lowell, Maynard, Pepperell, Stow, Sudbury, Westford,
- **Environments Served:** Not Specified
- **Gender:** All,
- **Age Group:** Children, Teenagers,
- **Race/Ethnicity:** All,
- **Language:** All,
- **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
Concord Health Department-addressing vaping epidemic	<a href="https://concordma.gov/616/Health">https://concordma.gov/616/Health</a>
NARA Park	<a href="https://www.acton-ma.gov/312/NARA-Park">https://www.acton-ma.gov/312/NARA-Park</a>
Infant Toddler Children's Center	<a href="https://www.itcacton.org/">https://www.itcacton.org/</a>
Bedford Education Foundation	<a href="https://bedfordeducation.org/">https://bedfordeducation.org/</a>
Boys and Girls Club of Assabet Valley	<a href="https://www.bgcav.org/">https://www.bgcav.org/</a>
Sleep in Heavenly Peace	<a href="https://www.shpbs.org/">https://www.shpbs.org/</a>
Concord Education Fund	<a href="http://concordfund.org/">http://concordfund.org/</a>
General John Nixon Elementary PTO	<a href="http://www.nixonpto.org/">http://www.nixonpto.org/</a>

**Addressing lack of transportation**

**Program Type** Infrastructure to Support CB Collaboration

**Program is part of a grant or funding provided to an outside organization** Yes

**Program Description** Emerson Hospital initiated partnerships with towns and transportation providers to learn more about the transportation needs of our community. As a result, financial support was provided to community partners to help increase transportation options to members in the community.

**Program Hashtags** Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Initiate partnerships with existing transportation providers.	Completed; A partnership with CrossTown Connect was formed and a staff member attends regular meetings to learn about resources and transportation options for community members.	Process Goal	Year 1 of 3
			Year 1 of 3

Participate in community led meetings with a focus on transportation	Completed; a staff member attended various town meetings and meetings led by Metropolitan Area Planning Council for the MAGIC Region.	Process Goal	
Financially support transportation providers in the area.	Completed; Financial support was provided to CrossTown Connect and the Neighbor Brigade of Sudbury. Over 1,300 trips were provided by CrossTown Connect to medical appointments. Over 1,700 trips were provided each month to various locations.	Outcome Goal	Year 1 of 3
Increase transportation options for patients in need.	Completed; as a last resort transportation option, the hospital provided rides through Uber to patients leaving the Emergency Department, Psychiatry Department and Cancer Center. 26 rides were completed in the second half of FY19.	Outcome Goal	Year 1 of 3

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes,

**DoN Health Priorities** Built Environment,

**Health Issues** Social Determinants of Health-Access to Transportation,

**Target Populations**

- **Regions Served:** Acton, Ayer, Bedford, Bolton, Boxborough, Carlisle, Chelmsford, Concord, Groton, Harvard, Hudson, Lancaster, Lexington, Lincoln, Littleton, Maynard, Shirley, Stow, Sudbury, Westford,
- **Environments Served:** All,
- **Gender:** All,
- **Age Group:** All,
- **Race/Ethnicity:** All,
- **Language:** English,
- **Additional Target Population Status:** Disability Status, Refugee/Immigrant Status, Veteran Status,

**Partners:**

Partner Name and Description	Partner Website
CrossTown Connect	<a href="https://www.crosstownconnect.org/">https://www.crosstownconnect.org/</a>
MAGIC Subregion-MAPC	<a href="https://www.mapc.org/get-involved/subregions/magic/">https://www.mapc.org/get-involved/subregions/magic/</a>
Making the Connections	<a href="https://www.mapc.org/resource-library/filling-the-transportation-gaps-magic-subregion/">https://www.mapc.org/resource-library/filling-the-transportation-gaps-magic-subregion/</a>
Town of Concord	<a href="https://www.concordma.gov/">https://www.concordma.gov/</a>
Town of Sudbury	<a href="https://sudbury.ma.us/">https://sudbury.ma.us/</a>
Neighbor Brigade-Sudbury Chapter	<a href="https://app.betterimpact.com/PublicOrganization/daf6bbf5-a475-4864-83b0-6e8f9e23ad1f/1">https://app.betterimpact.com/PublicOrganization/daf6bbf5-a475-4864-83b0-6e8f9e23ad1f/1</a>

**Addressing underlying Social Determinants of Health**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** Yes

**Program Description** Various efforts supporting programs to address many underlying social determinants of health (SDOH). Key SDOH addressed are housing, financial stability, access to health services, social environment and built environment.

**Program Hashtags** Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Financially support the Foundation for MetroWest in their mission to connect philanthropic opportunity with demonstrated need. They aim to improve the quality of life for residents through programming and financial funding.	Complete; Foundation for Metrowest is able to serve 600,000 plus people through their services. The main areas the foundation addresses are family support, environment, arts and culture, hunger relief and youth development.	Outcome Goal	Year 1 of 1
Financially support the Westford Charitable Fund through fundraising at the Westford Road Race.	Completed; the Westford Charitable Foundation gives funds to support educational, cultural and environmental initiatives. The foundation is able to help community members in financial crisis to reduce burden and improve quality of life.	Outcome Goal	Year 1 of 1
Financially support the Westford Family Funfest to distribute funding to many organizations reducing financial burden and improving overall health.	Complete; funding from Westford Family Funfest supports Habitat for Humanity of Greater Lowell, the Roudenbush Community Center and Westford Community Gardens. All of these projects address SDOH through housing, social environment and food access.	Outcome Goal	Year 1 of 1
Financially support the Friends of East Boston Camps to conserve and maintain historic property. East Boston Camps provides outdoor recreational space for the community and hosts a children's camp for local and inner city children.	Complete; funds were used to renovate a lodge house. The lodge house provides space for educational and recreational purposes.	Process Goal	Year 1 of 1
Financially support Habitat for Humanity of Greater Lowell in their mission to strengthen families and communities through affordable homeownership opportunities. Habitat works in partnership with corporations, like-minded community groups, faith-based organizations, and individual volunteers to help people in need by building and renovating decent, healthy, energy efficient, affordable homes. Our vision is to eliminate poverty housing for all.	Completed; Habitat was able to build and renovate homes for low income families, as well as provide critical repair jobs for veterans and elderly.	Process Goal	Year 1 of 1
Financially support HOPE Sudbury to provide funding for their short-term financial assistance program. Local individuals and families with emergency or unexpected needs can access funding through the town social worker.	Completed; 60-70 families were able to receive funding through the HOPE Fund.	Process Goal	Year 1 of 1
Financially support the Reuben Hoar Library to aid in their fundraising efforts to build a new building. The library is in need of new space for their young and older patrons as well as ADA compliant features.	Complete; funds from the hospital will help support the library build project in 2020-2021.	Process Goal	Year 1 of 3
Financially support the Concord Carlisle Community Chest to support the grants they give to the community. Their funding supports local nonprofit human service organizations within Concord and Carlisle.	Complete; funding from the Concord Carlisle Community Chest helped support agencies serving the youth, elderly, mental health and food access.	Process Goal	Year 1 of 1

**EOHHS Focus Issues** Housing Stability/Homelessness, Mental Illness and Mental Health,

**DoN Health Priorities** Built Environment, Housing, Social Environment,

**Health Issues** Health Behaviors/Mental Health-Mental Health, Other-Cultural Competency, Other-Senior Health Challenges/Care Coordination, Social Determinants of Health-Affordable Housing, Social Determinants of Health-Environmental Quality, Social Determinants of Health-Income and Poverty,

**Target Populations**

- **Regions Served:** Acton, Bedford, Berlin, Billerica, Bolton, Carlisle, Chelmsford, Concord, Dracut, Dunstable, Harvard, Hudson, Lowell, Marlborough, Shirley, Stow, Sudbury, Westford,
- **Environments Served:** All,
- **Gender:** All,
- **Age Group:** All,
- **Race/Ethnicity:** Not Specified
- **Language:** All,
- **Additional Target Population Status:** Disability Status, Domestic Violence History, Incarceration History, Refugee/Immigrant Status, Veteran Status,

**Partners:**

Partner Name and Description	Partner Website
Foundation for Metrowest	<a href="https://foundationmw.org/">https://foundationmw.org/</a>
Westford Charitable Foundation	<a href="https://www.westford.org/roadrace/">https://www.westford.org/roadrace/</a>
Westford Family Funfest	<a href="https://westford.org/funfest/">https://westford.org/funfest/</a>
Friends of East Boston Camps	<a href="https://westford.org/friendsofebcb/">https://westford.org/friendsofebcb/</a>
Habitat for Humanity of Greater Lowell	<a href="https://lowellhabitat.org/">https://lowellhabitat.org/</a>
HOPE Sudbury	<a href="http://hopesudbury.org/">http://hopesudbury.org/</a>
Rueben Hoar Library	<a href="https://www.littletonma.org/reuben-hoar-library">https://www.littletonma.org/reuben-hoar-library</a>
Concord Carlisle Community Chest	<a href="https://www.cccommunitychest.org/">https://www.cccommunitychest.org/</a>

**Cancer Education and Support**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** Yes

**Program Description** Education to the community about cancer prevention, treatment and support through hospital publications. Funding to community partners to provide cancer support.

**Program Hashtags** Community Education, Support Group,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Provide education to the public about cancer care.	Completed; a comprehensive cancer care article was published in a hospital publication.	Outcome Goal	Year 1 of 1
Support community organization in providing comprehensive programs providing therapeutic services to cancer patients and their families.	Financial support was given to the Virginia Thurston Healing Garden to provide education and therapeutic services to all those affected by cancer. Financial support was given to Believe Anything and Everything is Possible to support patients going through cancer treatment.	Outcome Goal	Year 1 of 1

- EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes,
- DoN Health Priorities** Built Environment, Education, Social Environment,
- Health Issues** Cancer-Breast, Cancer-Cervical, Cancer-Colorectal, Cancer-Lung, Cancer-Multiple Myeloma, Cancer-Other, Cancer-Ovarian, Cancer-Prostate, Cancer-Skin,
- Target Populations**
- **Regions Served:** Not Specified
  - **Environments Served:** Suburban,
  - **Gender:** All,
  - **Age Group:** Adults,
  - **Race/Ethnicity:** Not Specified
  - **Language:** English,
  - **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
Virginia Thurston Healing Garden	<a href="https://healinggardensupport.org/">https://healinggardensupport.org/</a>
Believe Anything and Everything is Possible	<a href="http://believeanything.org/">http://believeanything.org/</a>

**Care Transitions Collaborative**

**Program Type** Community-Clinical Linkages

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** The Care Transitions Collaborative brings together a variety of community partners who directly serve the community. Together as a group, members target improving the continuum of care and improving the health of our community. The collaborative meets every other month and sets annual goals to work towards.

**Program Hashtags** Community Education, Health Professional/Staff Training,

**Program Contact Information** Margaret Foley, (978)287-3171, 133 ORNAC Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Improve care for patients with dementia across the continuum becoming a 'dementia friendly' community.	Emerson hospital created an inpatient team and outpatient committee to carry efforts out. Internally the hospital implemented a "This Is Me" tool and provided dementia training to staff. This Is Me is a sheet with patient information to understand triggers and calming efforts for patients with dementia. The tool is scanned into the medical record to follow a patient wherever they go in the hospital. Emerson has worked to provide safe and calming environments for those with dementia.  The outpatient team planned a speaker series to provide education and support to the community on dementia. Throughout the year there were 7 events with attendees ranging from 20-50 per event. over 200 people attended the speaker series.  Emerson participates in the Liberty Alzheimer's Partnership bringing a cross-sector group together to provide support to	Process Goal	Year 1 of 3

	communities. Emerson financially supports outside agencies to provide therapeutic programs for elders with memory impairments.		
Identify community resources to assist with transportation barriers for following up with medical care.	A transportation guide was created for use with patients. Additional funding was made available for Uber rides as a last resort for patients who couldn't find other transportation options leaving the hospital.	Outcome Goal	Year 1 of 1
Continue community education on development and use of health care proxy's and personal directives	The care management team is making sure the HCP is called when one is filled out in the hospital so they understand what their role is and they also give them a copy of the form. The same thing is happening with the MOLST form. Materials are also given on what a HCP and MOLST is as well.  Information about HCP and MOLST was shared at various community events.	Outcome Goal	Year 1 of 1
Improve self-care for chronic progressive illness including Chronic Obstructive Pulmonary Disorder, Chronic Heart Failure and behavioral health.	The group worked on uniform messaging of how to care for yourself from the hospital to the community and being home. The hospital provided a Diabetes Self-Management Workshop where 13 participants started and 9 completed the class.	Process Goal	Year 1 of 1

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes, Mental Illness and Mental Health,

**DoN Health Priorities** Education, Social Environment,

**Health Issues** Chronic Disease-Alzheimer's Disease, Chronic Disease-Cardiac Disease, Chronic Disease-Diabetes, Chronic Disease-Hypertension, Chronic Disease-Pulmonary Disease, Chronic Disease-Stroke, Health Behaviors/Mental Health-Mental Health, Other-Hospice, Other-Senior Health Challenges/Care Coordination, Social Determinants of Health-Access to Transportation,

- Target Populations**
- **Regions Served:** County-Middlesex,
  - **Environments Served:** Suburban,
  - **Gender:** All,
  - **Age Group:** Adults, Elderly,
  - **Race/Ethnicity:** All,
  - **Language:** English,
  - **Additional Target Population Status:** Disability Status,

**Partners:**

Partner Name and Description	Partner Website
Concord Council on Aging	<a href="https://www.concordma.gov/916/Council-on-AgingSenior-Services">https://www.concordma.gov/916/Council-on-AgingSenior-Services</a>
Nashoba Nursing	<a href="http://www.nashoba.org/">http://www.nashoba.org/</a>
Care Dimensions	<a href="https://www.caredimensions.org/">https://www.caredimensions.org/</a>
Healthcentric Advisors	<a href="https://healthcentricadvisors.org/">https://healthcentricadvisors.org/</a>
Tandem Care Associates	<a href="https://www.tandemcareassociates.com/">https://www.tandemcareassociates.com/</a>
Proactive Eldercare	<a href="http://proactiveeldercare.com/">http://proactiveeldercare.com/</a>
Caretenders	<a href="https://lhcggroup.com/locations/caretenders-of-boston/">https://lhcggroup.com/locations/caretenders-of-boston/</a>
Carleton Willard	<a href="https://www.cwvillage.org/">https://www.cwvillage.org/</a>
Nature Connection- indoor therapeutic nature programs for youth at-risk, elders with memory impairments, including Alzheimer's, and people of all ages with disabilities in Greater Boston and MetroWest.	<a href="https://www.nature-connection.org/">https://www.nature-connection.org/</a>

**Community Health Screenings****Program Type** Direct Clinical Services**Program is part of a grant or funding provided to an outside organization** No**Program Description** Staff represented Emerson Hospital at various community Health Fairs to provide screenings.**Program Hashtags** Health Screening, Prevention,**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Provide free health screenings for pulmonary function, blood pressure and balance.	22 people were tested for blood pressure, 26 people were tested for pulmonary function and 30 people were tested for their balance.	Process Goal	Year 1 of 1

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes,**DoN Health Priorities** Built Environment,**Health Issues** Chronic Disease-Hypertension, Chronic Disease-Pulmonary Disease, Other-Senior Health Challenges/Care Coordination,

**Target Populations**

- **Regions Served:** Acton, Bedford, Sudbury, Westford,
- **Environments Served:** Suburban,
- **Gender:** All,
- **Age Group:** Adults, Elderly,
- **Race/Ethnicity:** All,
- **Language:** English,
- **Additional Target Population Status:** Disability Status,

**Partners:**

Partner Name and Description	Partner Website
Westford COA	<a href="https://westfordma.gov/593/Council-on-Aging">https://westfordma.gov/593/Council-on-Aging</a>
Acton COA	<a href="https://www.actoncoa.com/">https://www.actoncoa.com/</a>
Bedford Health Department	<a href="https://www.bedfordma.gov/bedford-board-of-health">https://www.bedfordma.gov/bedford-board-of-health</a>
Westford Health Department	<a href="https://westfordma.gov/215/Health-Department">https://westfordma.gov/215/Health-Department</a>
Town of Sudbury	<a href="https://sudbury.ma.us/">https://sudbury.ma.us/</a>

**Domestic Violence Training and Support****Program Type** Infrastructure to Support CB Collaboration**Program is part of a grant or funding provided to an outside organization** Yes**Program Description** Emerson Hospital began preparing a training program for staff and community partners to understand domestic violence behaviors and warning signs, how to discuss with patients and refer to community resources. In additional financial support was offered to community partners to work with and support victims of domestic violence.

**Program Hashtags** Community Education, Health Professional/Staff Training, Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Establish working group to plan and prepare for Domestic Violence staff training.	Completed. Staff from Domestic Violence Services Network (DVSN) and Emerson Hospital came together to plan for the training. Community Benefits and Staff Education departments worked with DVSN.	Process Goal	Year 1 of 2
Support Domestic Violence Services Network (DVSN) in their mission to work in collaboration with communities to end domestic violence. DVSN strives to empower and educate all peoples in ways that respect their dignity and choices while promoting their safety.	Completed. Emerson Hospital supported DVSN's Celebration of Hope.	Process Goal	Year 1 of 1
Support the Live for Liv Foundation in their mission to educate the community about the warning signs and impact of domestic violence.	Completed; Emerson Hospital supported the Ride/Run for Liv to support the foundation.	Process Goal	Year 1 of 1

**EOHHS Focus Issues** Not Specified

**DoN Health Priorities** Social Environment, Violence,

**Health Issues** Social Determinants of Health-Violence and Trauma,

- Target Populations**
- **Regions Served:** All Massachusetts,
  - **Environments Served:** All,
  - **Gender:** All,
  - **Age Group:** All,
  - **Race/Ethnicity:** All,
  - **Language:** English,
  - **Additional Target Population Status:** Domestic Violence History,

**Partners:**

Partner Name and Description	Partner Website
Domestic Violence Services Network-worked together to plan staff/community training	<a href="http://dvsn.org/">http://dvsn.org/</a>
Live for Liv Foundation-community partner for education and support	<a href="http://liveforliv.org/">http://liveforliv.org/</a>

**Emerson Hospital Youth Risk Behavior Survey**

**Program Type** Infrastructure to Support CB Collaboration

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** Bi-annual survey of over 11,000 students in grades 6,8,9,10,11 and 12 in Concord-Carlisle, Groton-Dunstable, Ayer-Shirley, Harvard, Littleton, Westford, Maynard, Acton-Boxborough, Stow, Bolton and Lancaster. Efforts in FY19 included publishing results from 2018 survey, providing education to the community on results and bringing together school leadership to share best practices. Superintendents,

principals and school leadership were invited to the hospital for a collaborative meeting. The meeting provided an overview of the results and participants shared how they communicated information to their communities. In addition, participants shared best practices on addressing key issues.

Early preparation began for 2020 survey.

**Program Hashtags**

Community Education, Research,

**Program Contact Information**

Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
The Youth Risk Behavior Survey aims to understand the behaviors of students in our communities, and provide educators with reliable data. The data is used to assist in the ongoing development of health education curriculum and programs in our communities.	The survey was completed in 2018.	Process Goal	Year 2 of 2
Communicate results of 2018 survey to community at large.	Complete. A press release was sent out to local papers, the results were put on the hospital website and various presentations were given to staff and community groups.	Process Goal	Year 2 of 2
Bring together school leadership to review results, understand communication plans and best practices on programming.	A meeting was held in March, 2019 with high engagement from school leadership. It was a successful meeting where schools were able to share their plans and ideas.	Process Goal	Year 2 of 2
Understand how schools are utilizing YRBS results to improve behaviors and health of students.	Complete. The following efforts were reported: 1. Extended advisory to improve relationships between students and staff. Worked on anxiety- focus groups on gaining deeper information. Middlesex Partnership for Youth. 2. Advisory started to increase use of student voice and choice; engage staff with their personal interest; reduce kids who eat alone. 3. A district was cutting guidance, but data was taken to school committee to fight for increased staff. 4. Vaping- chemist brought in products to discuss with kids. Education to kids and parents. Finding classroom education more impactful than grade or large school presentation. 5. Teachers involved in distributing information 6. Late start days at HS 7. Vaping diversion program- 5 weeks (took from gardener and Belmont) kids aren't suspended. Kids present to parents. Connected to pediatrics to support initiatives. 8. Various vaping presentations to students, parents and community. 9. Mental health supports 10. Movie showing Anxst empowering kids to take action. 11. Increased middle school health classes 12. Expanded consent education on sexual behavior	Outcome Goal	Year 2 of 2

**EOHHS Focus Issues**

Mental Illness and Mental Health, Substance Use Disorders,

**DoN Health Priorities**

Education, Social Environment,

**Health Issues**

Health Behaviors/Mental Health-Bereavement, Health Behaviors/Mental Health-Depression, Health Behaviors/Mental Health-Mental Health, Health Behaviors/Mental Health-Physical Activity, Health Behaviors/Mental Health-Responsible Sexual Behavior, Health Behaviors/Mental Health-Stress Management, Social Determinants of Health-Violence and Trauma, Substance Addiction-Alcohol Use, Substance Addiction-

Driving Under the Influence, Substance Addiction-Opioid Use, Substance Addiction-Smoking/Tobacco Use, Substance Addiction-Substance Use,

**Target Populations**

- **Regions Served:** Acton, Ayer, Bolton, Boxborough, Carlisle, Concord, Dunstable, Groton, Harvard, Lancaster, Littleton, Maynard, Shirley, Stow, Westford,
- **Environments Served:** Rural, Suburban,
- **Gender:** All,
- **Age Group:** Child-Preteen, Child-Teen,
- **Race/Ethnicity:** All,
- **Language:** English,
- **Additional Target Population Status:** LGBT Status,

**Partners:**

Partner Name and Description	Partner Website
Acton-Boxborough Public Schools	<a href="https://www.abschools.org/">https://www.abschools.org/</a>
Concord-Carlisle School District	<a href="https://www.concordps.org/">https://www.concordps.org/</a>
GrotonDunstable School District	<a href="http://www.gdrsd.org/">http://www.gdrsd.org/</a>
Harvard Public Schools	<a href="http://www.gdrsd.org/">http://www.gdrsd.org/</a>
Littleton Public Schools	<a href="https://littletonpublicschools.net/">https://littletonpublicschools.net/</a>
Maynard Public Schools	<a href="https://www.maynard.k12.ma.us/">https://www.maynard.k12.ma.us/</a>
Nashoba Regional School District	<a href="https://www.nrsd.net/">https://www.nrsd.net/</a>
Westford Public Schools	<a href="https://www.westfordk12.us/">https://www.westfordk12.us/</a>
Ayer-Shirley School District	<a href="https://www.asrsd.org/">https://www.asrsd.org/</a>

**Family Health and Wellness Expo**

**Program Type** Direct Clinical Services

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** A variety of health screenings and education provided to the community at no cost. Internal staff and external partners come together for a 4 hour event on a Saturday.

**Program Hashtags** Community Education, Health Screening, Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Provide free health screenings for skin cancer, oral health, blood pressure, diabetes, vision, bone density, hearing, pulmonary function testing, colo-rectal screening.	Complete. Over 200 people attended the health expo to receive screenings and health education.	Process Goal	Year 1 of 1
Increase preventative screenings and early detection of a variety of health issues without the barrier of cost.	Complete. 30 skin concerns were found; 50 bone density concerns; 6 abnormal thyroid and 6 abnormal PSA's were found.	Outcome Goal	Year 1 of 1
Provide health education on a variety of topics including breast cancer prevention, sun damage to the skin, wellness, health care proxy,	Complete. Over 200 people came through to get services and education at the event.	Outcome Goal	Year 1 of 1

nutrition, community resources, summer safety, sleep apnea and organ donation.			
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**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes, Mental Illness and Mental Health,

**DoN Health Priorities** Built Environment,

**Health Issues** Cancer-Breast, Cancer-Colorectal, Cancer-Lung, Cancer-Other, Cancer-Prostate, Cancer-Skin, Chronic Disease-Alzheimer's Disease, Chronic Disease-Cardiac Disease, Chronic Disease-Chronic Pain, Chronic Disease-Colitis/Crohn's Disease, Chronic Disease-Diabetes, Chronic Disease-Hypertension, Chronic Disease-Osteoporosis, Chronic Disease-Overweight and Obesity, Chronic Disease-Pulmonary Disease, Chronic Disease-Stroke, Health Behaviors/Mental Health-Mental Health, Health Behaviors/Mental Health-Stress Management, Infectious Disease-Lyme Disease, Injury-First Aid/ACLS/CPR, Social Determinants of Health-Education/Learning, Social Determinants of Health-Income and Poverty, Social Determinants of Health-Nutrition, Social Determinants of Health-Uninsured/Underinsured,

- Target Populations**
- **Regions Served:** County-Middlesex,
  - **Environments Served:** All,
  - **Gender:** All,
  - **Age Group:** Adults, Elderly,
  - **Race/Ethnicity:** All,
  - **Language:** English,
  - **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
IMPACT Melanoma-sun damage education	<a href="https://impactmelanoma.org/">https://impactmelanoma.org/</a>
New England Organ Bank-education	<a href="https://neds.org/">https://neds.org/</a>
Explore Pathways to Wellness-massage and wellness	<a href="https://explorepathwaystowellness.com/">https://explorepathwaystowellness.com/</a>
Mass Eye and Ear- hearing screening	<a href="https://www.masseyeandear.org/locations/west/concord">https://www.masseyeandear.org/locations/west/concord</a>
Massachusetts General Hospital Cancer Center- education	<a href="https://www.massgeneral.org/cancer/">https://www.massgeneral.org/cancer/</a>
Pro EMS-education	<a href="http://proems.com/">http://proems.com/</a>
Lexington Eye Associates-vision screenings	<a href="http://www.lexeye.com/">http://www.lexeye.com/</a>
Concord and Lexington Oral Surgery Associates- oral health screenings	<a href="https://www.concordlexington.com/">https://www.concordlexington.com/</a>
Concord Dermatology Associates-skin screenings	<a href="https://www.totalskinhealth.com/">https://www.totalskinhealth.com/</a>
Adult and Pediatric Dermatology-provided skin screenings	<a href="https://www.apderm.com/locations/concord-ma/">https://www.apderm.com/locations/concord-ma/</a>
Care Dimensions-education	<a href="https://www.caredimensions.org/">https://www.caredimensions.org/</a>
Concord Council on Aging-education	<a href="https://concordma.gov/916/Council-on-AgingSenior-Services">https://concordma.gov/916/Council-on-AgingSenior-Services</a>

**Home Care Visits**

**Program Type** Community-Clinical Linkages

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** Home Care staff conducting evaluation on patients after they have been discharged from the hospital. During visits patient care instructions are provided and community resources are discussed.

**Program Hashtags** Health Screening,

**Program Contact Information** Christine Dixon, 978-287-8329, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Assess need of care at home after an illness, injury or surgery.	Completed; 463 visits were conducted in FY19 to members in the community after an illness, injury or surgery.	Process Goal	Year 1 of 3
Provide multidisciplinary services within the home to help patients achieve the highest possible level of independence and comfort.	completed with visits conducted.	Outcome Goal	Year 1 of 3

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes,

**DoN Health Priorities** Not Specified

**Health Issues** Chronic Disease-Arthritis, Chronic Disease-Cardiac Disease, Chronic Disease-Pulmonary Disease, Chronic Disease-Stroke,

**Target Populations**

- **Regions Served:** Acton, Ayer, Bedford, Berlin, Bolton, Boxborough, Carlisle, Chelmsford, Clinton, Concord, Dunstable, Groton, Harvard, Hudson, Lexington, Lincoln, Littleton, Lunenburg, Shirley, Sudbury, Westford,
- **Environments Served:** Suburban,
- **Gender:** All,
- **Age Group:** Adults, Elderly,
- **Race/Ethnicity:** All,
- **Language:** English,
- **Additional Target Population Status:** Disability Status, Refugee/Immigrant Status, Veteran Status,

**Partners:**

Partner Name and Description	Partner Website
Not Specified	Not Specified

**iCan Shine**

**Program Type** Direct Clinical Services

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** Emerson Hospital's Clough Family Center for Rehabilitative and Sports Therapies provides a bike camp for children and adults with disabilities. The camp lasts for five days and is open to anyone 8 years old and older who have a disability and are able to walk without an assistive device. Trained counselors and spotters work individually with campers to teach them how to ride a conventional bike. The camp is run by iCan Shine, a national non-profit organization that teaches individuals with disabilities to ride a conventional two-wheel bicycle through its iCan Bike program. Using adapted bicycle equipment, trained professionals, including pediatric physical therapists from Emerson, work closely with each camper to help them meet their goals of biking independently.

**Program Hashtags** Not Specified

**Program Contact Information** Mary Evans, 133 Littleton Rd. Westford, MA. 01886

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Teach 38 children and adults with special needs to ride a bike.	Complete. ICan Shine met its goal of 80% of the campers learning to ride (78 feet no assistance 2/3 times the last half hour of camp). Many stories attest to the life changing experience campers and their families had.	Outcome Goal	Year 1 of 1
To reach out to the community and collaborate, provide education, and promote healthy living, advance the Emerson Center for Rehabilitative and Sports Therapies Brand.	Complete. We collaborated with Lawrence Academy, Goodales Bike Shop of Nashua, Cataldo's Nursery, Bay State Apparel, Hilton Commons, Spring Hill Suites, U. Lowell sent 60 student volunteers as part of an experiential learning for Exercise Physiology Students, and one restaurant in Groton: Groton House of Pizza.	Outcome Goal	Year 1 of 1

**EOHHS Focus Issues** Not Specified

**DoN Health Priorities** Education, Social Environment,

**Health Issues** Health Behaviors/Mental Health-Physical Activity,

- Target Populations**
- **Regions Served:** County-Middlesex,
  - **Environments Served:** Rural, Suburban,
  - **Gender:** All,
  - **Age Group:** Adult-Young, Child-Preteen, Child-Primary School, Child-Teen,
  - **Race/Ethnicity:** All,
  - **Language:** English,
  - **Additional Target Population Status:** Disability Status,

**Partners:**

Partner Name and Description	Partner Website
Lawrence Academy provided space for the week.	<a href="https://www.lacademy.edu/">https://www.lacademy.edu/</a>
Goodales Bike Shop of Nashua	<a href="https://www.goodalesbikeshop.com/">https://www.goodalesbikeshop.com/</a>
University of Massachusetts Lowell provided volunteers	<a href="https://www.uml.edu/health-sciences/pt/exercise-science/undergraduate.aspx">https://www.uml.edu/health-sciences/pt/exercise-science/undergraduate.aspx</a>

**Improving Food Security in our Community**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** Yes

**Program Description** Emerson Hospital employees donated food for a food drive to support a local food shelter. In addition, financial support was provided to local farms and food shelters to improve food security and improve overall health.

**Program Hashtags** Community Education, Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
	Completed; over 500 lbs of food was donated to Open Table.		Year 1 of 1

Collect canned/boxed food from employees through food drive		Process Goal	
Provide nutrition education to older adults at community events.	Completed; a staff member provided handouts and spoke to older adults at the Cameron Senior Center. Additionally, another staff member provided handouts and spoke to people at the Littleton Community Farm CSA (Community Supported Agriculture) pick-up.	Outcome Goal	Year 1 of 1
Support Gaining Ground in their efforts to provide a meaningful volunteer experience to 2,500 annual volunteers, and participate in the ongoing fight to end hunger and improve the health of families in need. Gaining Ground aims to reduce chronic hunger through distribution of organic produce and engage the community in local agriculture through use of volunteers.	Complete; Emerson provided financial support to Gaining Ground to fulfill their mission. Over 750 people received fresh produce to incorporate into their diet and 2,500 volunteers supported the efforts.	Outcome Goal	Year 1 of 1
Provide financial support to Fresh Start Food Gardens as they focus on teaching children how to grow food and appreciate the important role fresh produce plays in the diet.	Completed; Fresh Start Food Gardens worked with an average of 100 students during each of six visits to Day School (Westford), and approximately 200 students in 10 classes at Abbot School (Westford) plus a garden club of 25 students. The students learned about basic plant nutrition, how to plant, harvest and clean vegetables, test soil health, and recognize concepts of plant science.	Outcome Goal	Year 1 of 2
Support Open Table's mission to address hunger in the local community by providing healthy food in a welcoming environment while respecting the dignity of those served. The mission is achieved by: Serving community meals open to all; offering a wide variety of health foods in our market; engaging a team of committed and passionate staff, volunteers and community partners.	Completed. Emerson gave financial support to Open Table to aid in their efforts of providing over 507,000 pounds of food. 1000 people were supported with groceries, over 8000 meals were served.	Outcome Goal	Year 1 of 2
Support the World Peas program at the Cameron Senior Center in Westford, MA. The program provided subsidized local organic vegetables to older adults throughout 10 weeks of the summer.	Completed; 225 households were able to participate in the World Peas program to receive fresh produce and incorporate it into their diet.	Process Goal	Year 1 of 1
Support Littleton Community Farms as they grow nutrient-dense mixed vegetables and donate to families in need.	Completed; The CSA Donation Program matches a donor with a family who needs a CSA. Volunteers from our community drive food 1-2 times per week to Loaves and Fishes at Devens or to Catholic Charites in Lowell. Additionally, the farm supplies food to the Senior Lunch Program. Finally, our Work-Trade program is open to anyone who would like to volunteer time every week through the 18-week season in exchange for a CSA. Emerson Hospital helped to financially support costs for food production on the farm, such as seeds, fall cover crops, fertilizers, compost, water, gas, and equipment maintenance.	Outcome Goal	Year 1 of 2

**EOHHS Focus Issues**      Chronic Disease with focus on Cancer, Heart Disease, and Diabetes,

**DoN Health Priorities**      Built Environment, Social Environment,

**Health Issues**

Health Behaviors/Mental Health-Mental Health, Social Determinants of Health-Access to Healthy Food, Social Determinants of Health-Nutrition,

**Target Populations**

- **Regions Served:** Not Specified
- **Environments Served:** Suburban, Urban,
- **Gender:** All,
- **Age Group:** All,
- **Race/Ethnicity:** All,
- **Language:** All,
- **Additional Target Population Status:** Disability Status, Refugee/Immigrant Status, Veteran Status,

**Partners:**

Partner Name and Description	Partner Website
Open Table	<a href="https://www.opentable.org/">https://www.opentable.org/</a>
Cameron Senior Center	<a href="https://westfordma.gov/593/Council-on-Aging">https://westfordma.gov/593/Council-on-Aging</a>
Gaining Ground	<a href="https://gainingground.org/">https://gainingground.org/</a>
Littleton Community Farm	<a href="https://littletoncommunityfarm.org/">https://littletoncommunityfarm.org/</a>
Fresh Start Food Gardens	<a href="https://www.freshstartfoodgardens.com/">https://www.freshstartfoodgardens.com/</a>

**Increase Patient Access**

**Program Type** Access/Coverage Supports

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** Increase access to medical care by providing interpretive services.

**Program Hashtags** Physician/Provider Diversity,

**Program Contact Information** Katherine Shallow, 978-287-3171, 133 ORNAC Concord, MA 0742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Increase access to medical care by reducing language barriers.	Completed; 2,474 people were able to understand medical care in another language through interpretive services. 34 different languages were provided throughout those visits.	Outcome Goal	Year 1 of 3

**EOHHS Focus Issues** Not Specified

**DoN Health Priorities** Built Environment,

**Health Issues** Social Determinants of Health-Access to Health Care, Social Determinants of Health-Language/Literacy, Social Determinants of Health-Uninsured/Underinsured,

- Target Populations**
- **Regions Served:** Acton, Bedford, Berlin, Billerica, Bolton, Carlisle, Chelmsford, Concord, Dedham, Dracut, Dunstable, Groton, Harvard, Hudson, Leominster, Lincoln, Lowell, Marlborough, Maynard, Shirley, Stow, Sudbury, Tyngsborough, Westborough, Westford,
  - **Environments Served:** Suburban,
  - **Gender:** Not Specified
  - **Age Group:** All,
  - **Race/Ethnicity:** All,
  - **Language:** Arabic, Chinese, Haitian Creole, Korean, Other, Portuguese, Russian, Spanish,
  - **Additional Target Population Status:** Refugee/Immigrant Status,

**Partners:**

Partner Name and Description	Partner Website
Not Specified	Not Specified

**Older Adult Education**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** Staff from Emerson Hospital have presented at many senior centers on various health topics. The health topics included cardiac health, osteoporosis, fall prevention and Parkinson's Disease.

**Program Hashtags** Community Education, Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Participants will learn about how to prevent heart disease individually, locally and globally. Participants will learn about heart disease prevalence, detection, diagnosis, treatment and prevention.	Participants enjoyed the presentation and walked away with handouts.	Outcome Goal	Year 1 of 1
Participants will learn about keeping your bones strong and how to maintain independence. Participants will learn why bone health is important and what can be done to keep bones strong and prevent fractures. Participants will understand what osteoporosis is, how to diagnose it and treatment options.	Participants enjoyed the talk and walked away with more awareness of bone health and osteoporosis.	Outcome Goal	Year 1 of 1
Participants will understand causes and symptoms of arthritis, specifically in the hip and knee joints. Participants will understand joint replacement options and care.	Participants enjoyed speaking opportunity and learned more about arthritis and joint replacement.	Outcome Goal	Year 1 of 1
Patients will learn about risks of Parkinson's Disease and driving.	30 people attended the event and learned about the risk of driving with Parkinson's Disease.	Outcome Goal	Year 1 of 1
Promote information about volunteerism and opportunities for older adults to gain purpose in life.	Articles were published for the public to read on the topic. Staff participated in collaborative learning and discussion meetings on how to increase engagement among older adults and decrease loneliness.	Outcome Goal	Year 1 of 1

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes, Mental Illness and Mental Health,

**DoN Health Priorities** Education, Social Environment,

**Health Issues** Chronic Disease-Arthritis, Chronic Disease-Osteoporosis, Health Behaviors/Mental Health-Stress Management, Other-Senior Health Challenges/Care Coordination,

- Target Populations**
- **Regions Served:** Carlisle, Concord, Lincoln,
  - **Environments Served:** Suburban,
  - **Gender:** All,
  - **Age Group:** Elderly,
  - **Race/Ethnicity:** All,
  - **Language:** English,
  - **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
Carlisle COA- provided space and participants for presentation	<a href="https://www.carlislema.gov/173/SeniorsCouncil-on-Aging">https://www.carlislema.gov/173/SeniorsCouncil-on-Aging</a>
Concord COA-provided space and participants for presentation	<a href="https://concordma.gov/916/Council-on-AgingSenior-Services">https://concordma.gov/916/Council-on-AgingSenior-Services</a>
Lincoln COA provided space and participants for presentation	<a href="https://www.lincolntown.org/132/Council-on-Aging">https://www.lincolntown.org/132/Council-on-Aging</a>
Newbury Court	<a href="https://www.newburycourt.org/">https://www.newburycourt.org/</a>
CHNA 15	<a href="https://www.chna15.org/">https://www.chna15.org/</a>

**Sunscreen Dispenser Program**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** In partnership with IMPACT Melanoma and Bright Guard, LLC, sunscreen dispensers were installed and maintained throughout 8 communities at local parks, beaches and athletic fields.

**Program Hashtags** Community Education, Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Increase awareness of skin cancer	Complete	Outcome Goal	Year 1 of 1
Increase the use of sunscreen in people of all ages	Complete- 84,000 doses of sunscreen dispensed throughout the summer. This means 21,000-63,000 individuals used sunscreen from our dispensers.	Outcome Goal	Year 1 of 1

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes,

**DoN Health Priorities** Built Environment,

**Health Issues** Cancer-Skin,

- Target Populations**
- **Regions Served:** Acton, Bedford, Concord, Hudson, Lincoln, Maynard, Sudbury, Westford,
  - **Environments Served:** Rural, Suburban,
  - **Gender:** All,
  - **Age Group:** All,
  - **Race/Ethnicity:** All,
  - **Language:** English,
  - **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
IMPACT Melanoma- worked closely to help implement sunscreen dispensers and provide education to partnering communities	<a href="https://impactmelanoma.org/">https://impactmelanoma.org/</a>

**Teen Health Education**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** In collaboration with Hadassah Check it Out program, health education/prevention packets were distributed to area middle and high school students on breast and testicular cancer. Check it Out was presented to Groton-Dunstable Regional High School and Concord-Carlisle Regional High School. 600 students were reached throughout the schools. Though the program is about breast and testicular cancer awareness, additional information about anti-smoking, not texting during driving, not drinking and driving was provided. The pamphlets the students are given include information about the dangers from tattooing, ecstasy, binge drinking and alcohol poisoning. Information about eating disorders and depression were also included.

**Program Hashtags** Community Education, Prevention,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
The goal of Check it Out is to provide education and awareness of breast and testicular cancer.	Complete. See descriptions for further details.	Process Goal	Year 1 of 1
Provide high school students educational material on risky behaviors.	Complete. See description for further details.	Process Goal	Year 1 of 1

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes,

**DoN Health Priorities** Education,

**Health Issues** Mental Health, Other: Cancer - Breast, Other: Cancer - Prostate, Other: Sexually Transmitted Diseases, Substance Abuse,

**Target Populations**

- **Regions Served:** Carlisle, Concord, Dunstable, Groton,
- **Environments Served:** Rural, Suburban,
- **Gender:** All,
- **Age Group:** Teenagers,
- **Race/Ethnicity:** All,
- **Language:** English,
- **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
Hadassah	<a href="http://www.hadassah.org">www.hadassah.org</a>

**Various support groups**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** Emerson provides resources to support various health conditions and life experiences.  
 Head/neck/oral cancer Support Group  
 Cancer Caregiver Support group  
 Bereavement Support Group  
 Low Vision Support Group

**Program Hashtags** Community Education, Support Group,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Create community through similar experiences	Complete. Participants in the various support groups are able to relate to one another through their shared experiences, learn about resources and provide support to one another.	Outcome Goal	Year 1 of 1
Provide peer support through vulnerable conversation	Completed.	Outcome Goal	Year 1 of 1
Provide education and healthy coping strategies for various life experiences.	Completed.	Outcome Goal	Year 1 of 1

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes, Mental Illness and Mental Health,

**DoN Health Priorities** Social Environment,

**Health Issues** Cancer-Other, Health Behaviors/Mental Health-Bereavement, Other-Vision,

- Target Populations**
- **Regions Served:** County-Middlesex,
  - **Environments Served:** Suburban,
  - **Gender:** All,
  - **Age Group:** Adults,
  - **Race/Ethnicity:** All,
  - **Language:** English,
  - **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
Care Dimensions	<a href="https://www.caredimensions.org/">https://www.caredimensions.org/</a>

**Wellness Programs**

**Program Type** Total Population or Community-Wide Interventions

**Program is part of a grant or funding provided to an outside organization** No

**Program Description** The Steinberg Wellness Center for Mind and Body at Emerson Hospital provides free classes to the community. In addition, put on an open house to promote their programs and provide additional education on various topics. The open house included fitness demonstrations, interactions with wellness class instructors and lectures on acupuncture and osteofitness. Other community programs include:

Introduction to Meditation (10 sessions)  
 Introduction to Tai Chi (3 documentary showings)

**Program Hashtags** Community Education,

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
To educate and increase awareness on various health and wellness related topics.	Completed; Over 100 people attended an open house at the Steinberg Wellness Center to participate in exercise demonstrations and learn about ways to maintain and improve overall health.	Process Goal	Year 1 of 1
Provide introduction to meditation practices to improve mental health.	Completed; 10-15 participants learned meditation practices to improve mental health.	Outcome Goal	Year 1 of 1
Provide introduction to Tai Chi through documentary of Dr. Wu.	Completed; over 300 people attended showings of the documentary to learn more about tai chi and the overall health benefits.	Outcome Goal	Year 1 of 1

**EOHHS Focus Issues** Chronic Disease with focus on Cancer, Heart Disease, and Diabetes, Mental Illness and Mental Health,

**DoN Health Priorities** Built Environment, Social Environment,

**Health Issues** Health Behaviors/Mental Health-Mental Health, Health Behaviors/Mental Health-Physical Activity,

**Target Populations**

- **Regions Served:** Acton, Ayer, Bedford, Berlin, Bolton, Carlisle, Chelmsford, Concord, Groton, Harvard, Hudson, Leominster, Lexington, Lincoln, Littleton, Lunenburg, Marlborough, Maynard, Pepperell, Shirley, Stow, Sudbury, Westford,
- **Environments Served:** Suburban,
- **Gender:** All,
- **Age Group:** Adults, Elderly,
- **Race/Ethnicity:** All,
- **Language:** English,
- **Additional Target Population Status:** Disability Status, Veteran Status,

**Partners:**

Partner Name and Description	Partner Website
Not Specified	Not Specified

**Youth and Adult Mental Health**

**Program Type** Community-Clinical Linkages

**Program is part of a grant or funding provided to an outside organization** Yes

**Program Description** Efforts to improve youth and adult mental health include education to the community about resources and treatment. Emerson has provided strong support to the West Suburban Mental Health Collaborative (WSMHC). Concord Carlisle Regional High School received a grant from the DESE called "Improving Student Access to Behavioral and Mental Health." Through this grant, 5 school districts (CC, AB, LS, Lexington and Bedford), along with representatives from Emerson Hospital, Advocates, and the Eliot Center to discuss the state of adolescent mental health in our region and try to identify some ways forward. Since last June, with the help of a consultant, the group has been collecting quantitative and qualitative data that we now want to present to the community, including town and state leadership, along with some innovative ideas we are developing to address some of the needs.

Prevention, Research,

**Program**  
**Hashtags**

**Program Contact Information** Kelsey Magnuson, 978-287-1193, 310 Baker Ave. Concord, MA 01742

**Program Goals:**

Goal Description	Goal Status	Goal Type	Time Frame
Provide education to attorneys on substance abuse treatment options. Provide education to the community on mental health law.	Completed.	Outcome Goal	Year 1 of 1
Provide education to the public on mental health awareness and treatment options.	Through a quarterly newsletter, Emerson promoted mental health treatment. Readers understood more about depression therapy treatment.	Outcome Goal	Year 1 of 1
Participate in community collaborative to strengthen school and community resource linkages to support youth mental health.	Three staff members from Emerson participated in bi-monthly meetings to support collaborative.	Process Goal	Year 1 of 2
Provide quantitative and qualitative data to support data-driven planning process focused on sustainable strategies and interventions.	Emerson provided Emergency Department behavioral health related visits and pediatrician related data from various assessment tools. Emerson provided qualitative data in the form of interviews from Emergency Department staff and social workers.	Process Goal	Year 1 of 2
Reduce loneliness and isolation among adults over 90 years old through celebration of their accomplishments.	Completed; financial support was provided to the Cameron Senior Center in Westford to put on the Gay 90's Celebration. The event invites all residents 90 years of age and older to attend a luncheon to celebrate their accomplishments and age.	Outcome Goal	Year 1 of 1

**EOHHS Focus Issues** Mental Illness and Mental Health,

**DoN Health Priorities** Education, Social Environment,

**Health Issues** Health Behaviors/Mental Health-Depression, Health Behaviors/Mental Health-Mental Health, Substance Addiction-Substance Use,

**Target Populations**

- **Regions Served:** Acton, Bedford, Boxborough, Carlisle, Concord, Lexington, Lincoln, Sudbury,
- **Environments Served:** Suburban,
- **Gender:** All,
- **Age Group:** Adults, Children, Teenagers,
- **Race/Ethnicity:** All,
- **Language:** English,
- **Additional Target Population Status:** Not Specified

**Partners:**

Partner Name and Description	Partner Website
Concord Carlisle Regional High School	<a href="https://www.concordcarlisle.org/">https://www.concordcarlisle.org/</a>
Acton Boxborough Regional High School	<a href="https://abrhs.abschools.org/">https://abrhs.abschools.org/</a>
Lincoln Sudbury Regional High School	<a href="https://www.lsrhs.net/">https://www.lsrhs.net/</a>
Bedford School District	<a href="https://www.bedfordps.org/high-school">https://www.bedfordps.org/high-school</a>
Lexington High School	<a href="https://www.lexingtonma.org/lhs/">https://www.lexingtonma.org/lhs/</a>
Eliot Community Human Services	<a href="http://www.eliotchs.org/services/outpatient-services/">http://www.eliotchs.org/services/outpatient-services/</a>

Advocates	<a href="https://www.advocates.org/">https://www.advocates.org/</a>
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## Expenditures

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<b>Total CB Program Expenditure</b>	<b>\$362,864.33</b>
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<b>CB Expenditures by Program Type</b>	<b>Total Amount</b>	<b>Subtotal Provided to Outside Organizations (Grant/Other Funding)</b>
Direct Clinical Services	\$28,713.57	Not Specified
Community-Clinical Linkages	\$10,471.85	\$2,500.00
Total Population or Community-Wide Interventions	\$226,035.12	\$75,725.00
Access/Coverage Supports	\$90,841.48	Not Specified
Infrastructure to Support CB Collaborations Across Institutions	\$6,802.31	Not Specified

<b>CB Expenditures by Health Need</b>	<b>Total Amount</b>
Chronic Disease with a Focus on Cancer, Heart Disease, and Diabetes	\$135,526.15
Mental Health/Mental Illness	\$14,289.17
Housing/Homelessness	Not Specified
Substance Use	\$579.57
Additional Health Needs Identified by the Community	\$212,469.44

Other Leveraged Resources	Not Specified
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<b>Net Charity Care Expenditures</b>	<b>Total Amount</b>
HSN Assessment	\$2,322,047.00
HSN Denied Claims	\$0.00
Free/Discount Care	\$364,566.00
Total Net Charity Care	\$2,686,613.00

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<b>Total CB Expenditures:</b>	<b>\$3,049,477.33</b>
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<b>Additional Information</b>	<b>Total Amount</b>
<b>Net Patient Service Revenue:</b>	\$263,976,351.00
<b>CB Expenditure as Percentage of Net Patient Services Revenue:</b>	1.16%
<b>Approved CB Program Budget for FY2020:</b>	Not Specified

(\*Excluding expenditures that cannot be projected at the time of the report.)

<b>Comments (Optional):</b>	Not Specified
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## Optional Information

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Not Specified

**Hospital Publication Describing  
CB Initiatives:**

<b>Bad Debt:</b>	\$4,047,135.00
<b>Bad Debt Certification:</b>	Certified
<b>Optional Supplement:</b>	Not Specified