

Emerson Hospital Frenulum Clinic: Post-operative Instructions

What to expect: After frenulum division, you may notice a whitish or grayish area underneath your baby's tongue. This change is a normal result of the procedure and should heal over the next week. During the healing process, the area may become yellowish or pinkish, both of which are normal.

Anesthesia: To keep the procedure painless for your baby, he or she was given a topical medication much like Novocain to make the tongue numb. This numbness sometimes makes it harder for your baby to feed initially, but will wear off over the next 2-4 hours. Your baby should not experience any pain after the procedure is complete.

Feeding: After frenulum division, your baby may eat right away and continue eating on a regular schedule. Do not be alarmed if your baby has difficulty with the first feeding after surgery due to a temporarily numb tongue, as detailed above.

Activities: There are no limitations of movement or activity for your child.

Follow-up and Contact Information: No surgical follow-up appointment is needed. If you have concerns about your baby or would like to speak to our physicians, please call (978) 287-3003.

Primary Care and Lactation Consultants: Copies of your baby's clinic and procedure notes will automatically be faxed directly to your providers within 48 hours of your visit.



Frenulum Clinic, (978) 287-3003
www.emersonhospital.org