

BEHAVIORAL HEALTH RESOURCES

LOCATING MENTAL HEALTH CARE PROVIDERS

INSURANCE COMPANY

- Contact your insurance company for a list of behavioral health care providers in their network.

HELP FINDING A THERAPIST, FREE SERVICES

- **Psychology Today** - psychologytoday.com/us
 - Search a large online database of mental health providers, groups, and treatment programs. Filter your search by location, insurance, issue, type of therapy and more.
- **William James Interface Referral Service** - interface.williamjames.edu
 - Callers from participating communities are matched with licensed mental health providers, Mon-Fri, 888-244-6843. Each referral best meets the location, insurance, and specialty needs of the caller. Check the website to see if your town is a participating member.
- **Therapy Matcher** - naswma.org/page/therapymatcher
 - Online search option connects people with licensed independent clinical social workers (LICSWs) in private practice across Massachusetts.

AREA MENTAL HEALTH PROVIDERS, FEE FOR SERVICE & MASSHEALTH

- **The Eliot Center at Concord**- eliotchs.org/behavioral-health-clinics
- **Advocates Mental Health Services** - advocates.org/services/mental-health-services
- **Wayside Youth & Family Support Network** - waysideyouth.org

EMERSON HOSPITAL PSYCHIATRISTS

- **Find a Doctor** - emersonhospital.org/find-a-doctor
 - Enter “psychiatry” in the search field.