



**Clough Family Center for  
Rehabilitative and Sports Therapies**  
at Emerson Hospital

**Pelvic health Questionnaire**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Obstetric History**

Are you currently pregnant?  Yes  No

List number of pregnancies: \_\_\_\_\_

Birth weight of largest baby: \_\_\_\_\_

List number of cesarean deliveries: \_\_\_\_\_ vaginal deliveries: \_\_\_\_\_

Did you push for more than or less than 2 hours?  Yes  No

List number of episiotomies/tears: \_\_\_\_\_

Did you have a vacuum or forceps delivery?  Yes  No

**Gynecological History**

Do you have regular periods/menstrual cycles?  Yes  No

Are you post-menopausal? (check one)  Yes( 5- 10 years)  Yes (more than 10 years)  No

In the past year: how many yeast infections have you had? \_\_\_\_\_

In the past year: how many urinary tract infections have you had? \_\_\_\_\_

Do you have a history of sexual abuse or trauma?  Yes  No

Do you have an IUD?  Yes  No

**Pain**

Do you have pain or problems with tampon use?  Yes  No

Do you have pain with pelvic (gynecological) exams?  Yes  No

Are you sexually active?  Yes  No

Do you have pain with sexual intercourse?  Yes  No

Do you have any back, leg, groin, or abdominal pain?  Yes  No



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## **Bladder Symptoms**

Do you get urinary urgency when you enter the house?  Yes  No

Do you ever wet the bed (while asleep)?  Yes  No

Do you have burning/pain with urination?  Yes  No

Do you have sharp pain with a full bladder?  Yes  No

How often do you urinate during the day?

more than once an hour

every 2-4 hours

every 4-8 hours

How many times do you wake at night to urinate? \_\_\_\_\_

## **Bowel Symptoms**

List any laxatives/enemas/supplements/medications you take for your bowels: \_\_\_\_\_

What is the typical consistency of your stool? Check all that apply.

Hard  Soft  Firm  Pellets  Diarrhea  Other

How many times a week do you have a bowel movement? \_\_\_\_\_

Do you have pain with bowel movements?  Yes  No

***Thank you for taking the time to fill out this questionnaire. We appreciate your patience.***