Emerson Hospital | Outpatient Services

A GROWING DEMAND

INITIATIVE TO EXPAND
SPORTS REHABILITATION AND SPECIALTY SERVICES

310 BAKER AVENUE, CONCORD, MASSACHUSETTS
A growing demand.

Throughout the United States health systems are responding to a growing demand for outpatient services including advanced rehabilitation programs as care delivery models evolve to meet the various mandates of healthcare reform.

In anticipation of this growing demand Emerson Hospital will create a new Center for Sports Rehabilitation and Specialty Services at 310 Baker Avenue in Concord. The facility will encompass 16,700 square feet and include a variety of rehabilitation services within the physical therapy, occupational therapy and speech language pathology scope of practice. In addition, the Baker Avenue facility will include the Dr. Robert C. Cantu Concussion Center, named to honor one of the nation’s leading experts on concussion and a member of Emerson Hospital’s medical staff since 1968.

Conveniently located on the first floor, the center will be accessible to all patients and will have ample free parking. An on-site insurance coordinator will help patients navigate coverage, authorizations, referrals, copayments and co-insurance. The center will be managed under the direction of Dr. Karen Bougas, a specialist in physiatry who also serves as the medical director for the hospital’s highly-acclaimed Transitional Care Unit (TCU).

Our pediatric occupational therapy specialists provide intervention through play to improve basic living skills and social interactions.
A range of services to address multiple needs.

With a convenient Concord location, the new center will merge multiple disciplines and advanced rehabilitation therapies for patients ranging from infants to elders. Rehab programs will be customized for individualized care and include regular communications with referring physicians. In this new location, the Center will be in close proximity to the existing Center for Integrative Health and Wellness facilitating beneficial crossover programming. The combined rehabilitation and wellness programs will serve individuals who need professional guidance but do not require rehabilitation level of 1:1 care.

Patients who are recovering from injury or illness or who are working to improve their quality of life due to certain progressive diseases such as multiple sclerosis or Parkinson’s disease benefit from a coordinated program of physical therapy. Whether their issues are musculoskeletal (muscle and bone) or neurological, better recovery, improved function and performance can be achieved by increasing physical strength, balance and flexibility.

**Occupational therapy** provides individualized treatment programs to improve dexterity, coordination, strength and mobility of the upper extremities as well as cognitive and visual training for individuals with TBI or stroke. Occupational therapists are experts in restoring function of the wrist, hand and elbow by utilizing customized splints, adaptive devices and state-of-the-art treatment techniques.

continued on page 8
Emerson Hospital: Initiative to Expand Sports Rehabilitation and Specialty Services

Private Physical Therapy Rooms

Speech and Language Therapy

Orthopedic and Physical Therapy

Occupational Therapy

Neurophysical Gym

Pediatric Gym

Aquatic Therapy Treatment Pool

Entry

Central Reception

Cantu Concussion Center

Floor plan
Speech therapists address a multitude of language issues beyond the mechanics of speech and word expression. Victims of stroke or a traumatic accident that hinders language formation, patients suffering from Parkinson’s or those having difficulty swallowing, children with autism – all benefit from techniques, exercises and activities developed by speech therapists to regain or improve communication and executive function.

Neurological therapies treat a range of issues arising from stroke, traumatic brain injury to disease such as multiple sclerosis. The center also offers specialized programs for pediatric patients including intervention through play to improve basic living skills and social interactions for your child. Among the diagnoses treated for pediatric patients are developmental fine and gross motor delay, hypotonia, cerebral palsy, Down’s syndrome and autism.

The new Dr. Robert C. Cantu Concussion Center will employ a multi-disciplinary team approach to address post concussion issues. Under the guidance of Dr. Cantu as the Center’s first medical director, on site physician concussion specialists will evaluate and consult concussed patients and recommend appropriate treatment for recovery which may include combined physical therapy and speech and language therapy. Our concussion rehabilitation specialists evaluate problems with attention, memory, word-retrieval and executive functioning and offer compensatory strategies to facilitate success in home, school, work and social settings. In addition, the new center will offer comprehensive Baseline Concussion Screening, of particular interest to parents.

Cost for this initiative is $3 million. Funding for the new center will be a combination of private philanthropy and Emerson Hospital capital resources.
About Emerson Hospital

Emerson Hospital is a full-service, not-for-profit community hospital located in Concord, Massachusetts. Emerson serves more than 300,000 individuals in 25 surrounding towns with its 179-bed hospital, Mass General at Emerson Hospital—Bethke Cancer Center, Clough Birthing Center and Polo Emergency Department among other clinical services. Over 300 primary care and specialty physicians serve on Emerson’s medical staff supported by 1,700 full and part-time nurses and administrative staff. The hospital is known for its outstanding nursing care and patient-centered medicine.

Emerson’s core mission is to make high-quality health care available to those who live and work in its service area. To further this mission, Emerson has established outpatient facilities in Westford, Groton and Sudbury and specialty centers in Concord. While Emerson provides all of the services that most patients will ever need, the hospital’s strong relationships with Boston’s academic medical centers ensure that its patients have access to world-class tertiary care.

Emerson is fully accredited by the Joint Commission, which conducts rigorous, on-site surveys to ensure that hospitals nationwide adhere to strict standards of care. The hospital is recognized by many national rating agencies for its outstanding patient care (Leapfrog, HealthGrades, and Consumer Reports).

Emerson Health Care Foundation, Inc., is a separately incorporated, not-for-profit, tax-exempt organization dedicated to raising philanthropic resources to support Emerson Hospital. The foundation and the hospital are affiliates of Emerson Health System, Inc.

If you are interested in learning more about the Center for Sports Rehabilitation and Specialty Services or wish to make a gift, please contact Melissa Saalfield, Major Gifts Officer, 978-287-3583 or email her at msaalfield@emersonhosp.org.

Gifts may be made outright as cash donations or pledged over three years. For gifts of stock, please call the Emerson Health Care Foundation at 978-287-3001 for transfer instructions.

Whichever way you choose to support this campaign, please know that your tax deductible gift will advance Emerson’s efforts to provide the finest quality health care for you and your loved ones.